

# SURFING

## YORKE PENINSULA

The southwest corner of the Peninsula is one of the greatest surfing areas of Australia, with excellent surfing spots ranging from fast, hollow beach breaks to powerful reef set-ups. A prime example of this is the dedication of South Australia's very first National Surfing Reserve at Daly Heads on the 12 of January 2013. Achieving the National Surfing Reserve status ensures Daly Heads receives recognition as an iconic world class surfing location, what a little gem hidden on the Yorke Peninsula!

**\*\*SAFETY!!** Beginners be aware that beaches on the Yorke Peninsula do not have flags. You should respect the potentially dangerous nature of some areas and seek advice from locals and experienced surfers. Always take notice of the safety signs on the beaches here on Yorke Peninsula. Visitors participating in activities near the coast or in the water should be aware of unstable cliffs, rips, slippery rocks, submerged objects and changing conditions. Always be aware of small children and swimmers, as even the tamest conditions can be dangerous for the unwary. Never allow children to swim or surf unsupervised.

### RIP CURRENTS

**WHAT'S A RIP?** When waves break on a beach, they push water towards the shoreline. Once that water reaches the shore, it has to find a way to get back out to sea, and it does this by flowing downwards into deeper channels in the surf zone. These deeper channels are called rip currents. **HOW TO IDENTIFY RIPS:** look for deeper darker water, fewer breaking waves, sometimes sandy coloured water extending beyond the surf zone, Debris or seaweed and sometimes it's easier to look for where the waves are breaking consistently, and then look to each side where they don't break consistently. That's the rip current! **HOW TO GET OUT OF A RIP:** If you get caught in a rip current, you need to know your options: **1.** For assistance, stay calm, float and raise an arm to attract attention. **2.** You may escape the rip current by swimming parallel to the beach, towards the breaking waves.



### SURFING EVENTS

**YORKES CLASSIC:** The *Cutloose Yorke's Classic* is held on the southern tip of Yorke Peninsula around the Stenhouse Bay area during October over a 3 day period. Surfers battle for the coveted 'Keith Sugars Memorial Trophy' presented in memory of well-respected competitor, Keith Sugars, who was lost in the inaugural Yorke's Classic in 1983 during a tragic drowning mishap at 'Richard's' in Pondalowie Bay.

**BERRY BAY SURF JAM:** A regular event held Oct/Nov. It is the largest surfing comp in the state, run by the Yorkes Juniors and supported by District Council of Yorke Peninsula for under 18's.

**RIPCURL GROM SEARCH:** An International Series of events for male and female surfers aged 16 years and under. The Australian series includes 5 events at key surfing locations around the country, including the Yorke Peninsula! Groms from all over the country travel to Yorkes to battle it out on the waves!

### LEARN TO SURF!

**YORKES JUNIORS:** Yorkes Juniors meet the last Sunday of every month at 10am at Berry Bay. Kids can learn to surf and enjoy a day at the beach with the family!

**SURF COACHING** ~ Brian 'Squizzy' Taylor has over 30 years of competitive surfing experience and is now passing on that knowledge at his surf school. Core Surf's elite surf coaching has weekend, half and full day packages to suit all abilities, whether you're a novice or experience surfer – plus the weekend packages include breakfast, lunch and dinner by a qualified chef! If you've ever wanted to learn to surf, why not grab a group of friends and head to Yorke's for the weekend. Ph 8852 4143 / 0408 082 542 or email [carolineb@internode.on.net](mailto:carolineb@internode.on.net)

**NEPTUNES** ~ Fully accredited and a registered Surfing Australia Surf School, Neptunes Surf Coaching will provide you with the skills to ride the waves and experience the exhilaration of surfing. Enjoy a fun, rewarding surfing experience in a safe environment on southern Yorke Peninsula's pristine beaches. Catering for beginners and more advanced surfers, juniors to seniors, girls and guys, group or private lessons, weekends, public and school holidays. Bookings are essential – contact Mark 0417 839 142, email [info@neptunes.net.au](mailto:info@neptunes.net.au) or visit [www.neptunes.net.au](http://www.neptunes.net.au)

# SURFING HOTSPOTS

LOCATION	DESCRIPTION
1 RHINO HEAD	Generally regarded as only a 'last resort' wave. It is an average quality left hand reef break, up to about 1 to 2 meters. Best on medium to high tide.
2 BABY CHINAMANS	Average quality left hand reef breakup to 2 meters. Suitable for beginners. Fairly slow wave which works best on north westerly winds on low to medium tides.
3 CHINAMANS	A hollow, very powerful left hand reef break of excellent quality, complete with hair-raising take off and a sharp, shallow ledge. Experienced riders only. Best at low to medium tide in north or light north westerly winds with a 1 to 3 metre swell. Chinaman's has an excellent vantage point on the cliff top for both spectators and the keen photographer.
4 ETHEL WRECK	Summer break only. Fickle but can get very good. Usually a powerful right-hander up to 2 metres. Best on a low to medium tide and north easterly winds. Be cautious when scrambling down the cliff face.
5 WEST CAPE	A left and occasional right hand beach break up to 2 metres. Best on north or north west winds and low to medium tide.
6 PONDALOWIE BAY	Good quality combination of beach and reef break. A fast hollow left up to 1 metre and a long walled right up to 3 metres. Best on south east to easterly winds and low to medium tide. A very consistent wave in summer due to the prevailing offshore winds. Pondalowie is the most popular surfing spot in the Innes National Park, particularly in the summer months.
7 RICHARDS	About 250m north of the main break at Pondalowie you arrive at Richards. This too is a good quality beach/reef combination right-hander that breaks up to 1.5m. Richards is worth checking out when only the left is working at Pondalowie. Best on east and north east wind and low to medium tide.
8 TRESPASSERS	Is located outside the park and can be reached via the Corny Point Road. A very good quality right-hand reef break up to 3m. Trespassers is very powerful with a take-off similar to Chinamans. It is for the experienced riders only. Best on an easterly and low to medium tide. It can work on a high tide if the swell is big.
9 BABY LIZARDS	Can get good but generally is an average quality, short right hand reef break up to 2m. Easterly winds and a medium to high tide.
10 ROCK POOLS	Another fickle powerful right hand reef break up to 3m and bigger. Can get very good under the right conditions. Best on north to north west winds on any tide.
11 SALMON HOLE	A very good quality right hand semi point break up to 2m. Long, hollow and fast. Best on north westerly winds and low to medium tide. Be wary of the suck rock.
12 DALY HEADS	An average to good quality left and occasional right hand reef break up to 4m. Best on south east to easterly winds on any tide.
13 SPITS	Average quality left hand semi point break up to 2 metres. Has a vicious rip at times. Best on south west to south east winds.
14 BERRY BAY SOUTH	Exposed beach break with reliable surf that works all year. Best wind direction is from the east. Best swell direction is from the southwest. The beach breaks offer left-handers. A good beach for beginners.
15 BERRY BAY NORTH	Beach break for the less experienced. Works well with a smaller swell and can have some fantastic banks. Too much swell it is prone to closing out and dumping. Need south east to north east winds.

